

The Study of Family Life style with Emphasis on the Instructions of the Holy Quran in Firoz-Koh City

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ABSTRACT

The current research was carried out under the title of “Studying the Family Life style with Emphasis on the Instructions of the Holy Quran in the City of Firoz-Koh in 1401.” This research has been done using a qualitative approach. The technique of gathering information is structured interviews in an individual format, reading and reviewing the narrated narratives. The target population in this research is the entire family of Firoz-Koh City, whose sample population is 18 family members, the number of children, occupation and age of marriage, which was selected using a random sampling method. The obtained data have been analyzed using the theoretical coding technique. The findings of the research show that "life style" is one of the vital and important issues of human societies and covers various aspects of human life. On the other hand, the goal of the Holy Quran is to guide humans, and one of the most important components of guidance is life style. The comprehensiveness and immortality of the Qur'an require and have expressed what mankind needs in the path of its growth and perfection, and that is so. In this research, the importance of the family's place in the Holy Quran is mentioned, then the indicators of the Quranic life style in the family are introduced in religious, belief, moral, social and intellectual dimensions. Also, the harmful factors that hinder this family life style research have been analyzed.

Keywords: *Life style, Holy Quran, guidance, family place, Firoz Koh*

INTRODUCTION

Since there is a lot of emphasis on family in all or most areas and dimensions of human life style, it can be easily said that family life style is very important in human life. The religion

of Islam as the most complete religion includes all aspects of human life including individual and social, material, spiritual, physical and spiritual. From the point of view of Islam, forming a family is one of the most important aspects of human life. Life style in its new form was first invented by Alfred Adler in psychology in 1929 AD. Although Adler invented it, his classical followers and others elaborated on it. Sociologists, in sociological terms, emphasize more on the social norms and behaviors of people in the society, and psychologists focus more on the individual and personality dimension, but what is important is that these are one-dimensional and have only paid attention to one dimension of the dimensions of human life. But since Islam is a comprehensive and complete religion and evaluates people more fully and comprehensively and evaluates them with the help of beliefs and insights, on this basis, the Islamic life style can be defined as follows: It is a way of life that a person uses based on his value system and belief bases in his personal and social life to create a relationship with the environment and society, to respond to his wishes and meet his needs." According to this, the Quranic life style has a wide scope. In this article, the family life style is evaluated. The family life style in Islamic tradition is like a tree whose roots and stems are the insights and attitudes of the family members and whose branches are the duties of the family members.

STATEMENT PROBLEM

Islam is a complete religion. This religion has determined a special system for each dimension of human life, and in all these systems, it has respected the relationship between man and his origin, that is, God (J), and his final destination, which is beyond. This issue has distinguished the general framework of the Islamic system from other religions and has given it the ability to consider the social interests of mankind and realize the goals of human life, because the goals and interests of mankind are formulated only through knowing the right life style. Therefore, Islam is the religion of guidance, mercy, expediency, benefit of the family, hope, goodness, movement and effort for man, and the Quran invites man to live a virtuous life and achieve perfection and divine attributes, and the ultimate goal of human effort is to approach the position of divinity. (Jamei Masjed, 1383, p. 59)

The teachings of the Quran have revealed the greatness of human existence and have given useful practical instructions in every area of human life. In order to achieve a happy life, the Holy Quran has dedicated a large part of the verses to regulate and adjust the relationship of family members in relation to the rights and duties of spouses and children (Masjid Jamei, 1383, p. 390).

The family institution is the main pillar of society and the bedrock of various cultures and the foundation for human happiness and development, which is formed based on the marriage of a man and a woman and develops with the increase of reproduction. This institution basically emphasizes on the construction of human personality; therefore, Islam is the program of human evolution. For the establishment and consolidation of this crucial institution, he has provided very important guidelines and preventions from its collapse (Ae Shahri, 1387, p. 11).

The concept of life style is one of the new concepts that researchers in the field of sociology and cultural studies express in order to express the behavior of human beings. The term life style is closely related to a set of concepts such as society, mind, behavior, meaning, environment, need, taste, fashion, dignity and tradition. The concept of life style includes the most detailed events of human life on the one hand and the depths of human being on the other hand, so it is both comprehensive and deep. (Faali, 2014, p. 19) In the new era, a significant

part of the studies about living techniques comes back to the role of religion in the concept of life style. As a superior force, religion can play a vital role in the pattern of life and the way people live on earth. Religion as a system of beliefs, values and behaviors can help to achieve the divine style in life. In the meantime, Islam has a special place. Based on deep Islamic knowledge, which is rooted in the verses of the Holy Quran, authentic hadiths, concepts related to supplications and the life of the elders, it can define a model for the life style in this world; in a way that prepares a person to enter eternal life and live endlessly.

The concepts related to life style are very abundant in Islamic sources, but they are rarely extracted in the Afghan society and have not been sufficiently explained in the society. For this reason, the people of Afghanistan are facing various diseases of the new life style, one of them is that people have been driven to indulge in luxury. According to Ariana News, fifteen thousand weddings were conducted in expensive salons in 2018, the costs of which reached millions of dollars. On average, wedding party costs or Toya-Na 500 thousand Afghani, gold set 300 thousand Afghani, bride's white dress 30 thousand Afghani, marriage green dress 20 thousand Afghani, dirty Afghani dress 18 thousand Afghani, hair salon from 20 to 100 thousand Afghani, photography 50 thousand Afghani, music 30 thousand Afghani, home furnishings 350 thousand Afghani, it also has another expense. Yasin Negah, a professor at Kabul University, says: The cause of such weddings is to avoid Islamic culture, turn to luxury and unsound competition between people, (Ariana News, 2018). The family is the most vulnerable institution in society, it is faced with various cultural invasion to shake the foundation of the family, because religious upbringing and education is formed from the family. They use mass media, which is the most important tool of soft war, against families, among which satellite channels, movies, and serials play a prominent role. For example: normalizing of cheating on one's wife, especially in Indian, Turkish and American TV series, encouraging non-veiling and promoting anti-veiling fashions, illegitimate pregnancy and abortion, promoting disrespect and disobedience to parents, normalizing lust, drinking, dancing and nightly parties. In the 2015 report of the US Public Diplomacy Commission (ACPD), a budget of 1 billion 833 million dollars for the soft war against Islamic countries, especially in Afghanistan, is considered to change the values that is dedicated to life style, which it does through segments such as radio, television, website, blog and social media.

Since the city of Firoz Koh is one of the cities in this country. Therefore, most have been influenced by the media and cultural invasion. According to the national media, in the last year (2019), the city of Firoz Koh has recorded the highest number of self-immolations and suicides in the country and got the first position in the country. Based on the statistics of Firoz Koh State Hospital, on average, three dead or half-dead women are transferred to that medical center every day. The report of nation TV 1398, BBC Farsi News reporter in 2019, these are only results of wrong life style in Firoz Koh society, thus, it is necessary to know why we are encountered with such situation? This is a very serious problem of society. Investigating, recognizing and treating this destructive and subversive phenomenon of household is a very necessary, immediate and urgent need of our society and the generations of today and tomorrow. Because solving this problem and reducing it will eradicate or at least reduce many other problems in society. Therefore, this issue has become a social issue and needs to be studied and researched so that the root and consequences of such a vital issue should be recognized and the family problem are given serious attention. The present research explains the life style of the family from the perspective of the Qur'an and emphasizes sociology by

using beliefs, religious, moral, social and intellectual components in a descriptive-analytical method.

EXPERIMENTAL LITERATURE

Internal Background: So far, no research has been done regarding the family life style from the perspective of the Quran.

FOREIGN BACKGROUND

This life style has a very lengthy history, it can be searched from the beginning of the day of stepping on this earth. Islam is a complete and comprehensive religion in which several verses of the Holy Quran and a wide range of visions are dedicated to the life style section (part of which will be mentioned later). Muslim scholars have also written many books in this field. Some of the works of: Allamah Majlisi's *Huliyyah al-Mutaqeen*, Sunan al-Nabi Allamah Tabatabaei "RA" *Mafateh Al-Haya* Ayatollah Javad Amili Damat Barakatoh; but life style in the modern sense of the term has been used in the last century. It was first invented by "Alfred Adler" in 1929. Here, the relevant research will be mentioned that is the subject matter of the issue.

Rahmani Firoz Jah and Sohrabi (1390) in research entitled, "The Influence of Geographical Environment on Life style" came to the conclusion that the geographical environment and the way of livelihood lead to the formation of two types of Rural Nation and Urban Nation with different life styles in the society. In the type of life style and needs of the Rural people, there are conditions that the urbanization expands and creates a special life style. This life style has been associated with many areas of social life, and the need to change in religiosity based on beliefs, ethics and rituals (Rahmani Firoz Jah and Sohrabi, 1390: 17-32).

Another research conducted by Haidari (1390) under the title "The Role of Religion in Family Strength" concluded that there is a relationship between religiosity and family satisfaction. The stronger the religious attitude of people, the higher their life satisfaction. That is, the stronger belief on God and his commands, there is more stable married life, and there are more peace reigns in the family environment.

Sayed Reza Moaddab and Ebrahim Rezaei Adriane (2017) have conducted research entitled the necessity of inferring "life style from the Qur'an". The result of this research is that the Holy Quran is the answer to all human needs in the field of life style at any time and place, and the valuable extraction of this great capacity from the Quran is considered a necessity for Quran scholars.

Anayatullah Sharifi (1392) has conducted research entitled Family Life style in Quran and the Traditions of the Immaculate Leaders (AS) and the result of his research is that beliefs and convictions play an essential role in the family and considers marriage as a sacred matter. And encourage and call everyone for this command. It has taken into consideration the criteria of piety, reason, good morals and equality in choosing a spouse.

Mohammad Hossein Hafizi (1400) conducted research under the title of factors of strength and collapse of family life style from the perspective of the Quran and traditions. As a result of this research, he states that in the Quran, the family life style is mentioned as peace, tranquility and confidence that the Islam religion as the most complete religion, includes all aspects of human life, both individual and social, and using it can choose the best life style in family life. Faith and piety are considered the basic criteria of family life style from the perspective of Islam.

Kaviani (2017) conducted research under the title "Family Life style from the Perspective of Quran and Modernity" and the result has found is that he discovered seven major differences between these two; some of those differences are:

1. The Quranic life style is based on "God-centered" freedom, and the modern life style is based on "man-centered" freedom.
2. The family has a high position in the Qur'an life style, unlike the modern life style.
3. The structure of the Islamic family emphasizes on "Sharia and legal", "bisexual" and "monogamous family marriage". While the life style of modernity, the family does not have much value and it is mostly in the free family structure and "homoclinic" and "monogamous" families are prevalent.

Alasvand (1392) has conducted research under the title "Three main pillars of Islamic Life style". He states that three main pillars for this model can be proposed: contentment, avoiding the inappropriate way in life, and believing in the demarcation between right and wrong.

Sajdeh Al-Abd al-Khani (1396 = 2016) has conducted research under the title "Life style of the Superior Family" indicating that the life style can be divided into three areas. The research classified life style such as belief, moral and behavioral. He stated that the most important religious life style of the family in order to achieve the desired of the divine life is in the field of belief. The moral life style of the superior family is remarkable in cases of silence, generous treatment against the immoral actions of family members. Investigating the behavior of the families mentioned in the Quran guides us to the behavioral life style of the Quranic family. Such as: creating intimacy between father, mother and children, and attempts to compromise between family members.

Ismail Kharestani and Fatemeh Saifi (1398 = 2018) carried out the research under the title "The Place of the Family in the Life style and Creating a Virtuous Life from the perspective of the holy Qur'an). The main results of this research are as follows.

The Holy Quran is full of valuable points and objective and permanent guidelines for life behaviors that are not dependent on the past.

The best family in life has a life style and a method that is different from others. The husband and wife in such a family are hard workers and do not spare any effort to improve their life, they take enough from the world.

Family is the place of growth and improvement of people of a society. If society is dependent on its people, people are also dependent on their families.

The growth and prosperity of the family system depends on the recognition and observance of the rights of others.

Islamic life style has many effects and blessings, if we want Islam to appear in the society, we need to create an Islamic life style.

The Qur'an's view of life style as (Hayat Tayyaba) with a clean life following the example of the Qur'an in the family sphere can play an important role in shaping the society intended by the Holy Qur'an and the society.

Vallance (1395) research that is mentioned as three factors under the title (justice, equality and reward). He also showed that the relationship between life style and marital satisfaction is a vital issue that is important for all classes of society.

Hovadat-Hopier (2000) showed that the critical environment in the family, coercive control of parents and dominant discourse in the family are important conditions that cause disorders in the family.

SUMMARY OF EXPERIMENTAL RECORDS

In general, it can be said that many researches have been conducted in relation to the above topic, each of which has examined certain aspects of family life style, that internal research has not been done in this field and 10 external researches have been done. The current research on "the effect of geographical environment on life style" results found from this report state that life style is related to many areas of social life in belief, ethics and rituals. And another research conducted under the title "The role of religion on the strength of the family" and the result found is that there is a relationship between religion and family satisfaction. Another research was carried out under the title "Life style from the perspective of the Qur'an" and the result of this research is; Quran answers all human needs in the field of life style at any time and place. A look at the research conducted in the field of sociological investigation of family life style with emphasis on Quran. Each research has its own strengths and weaknesses. The strength of this research is that no work has been done on family life style in Afghanistan. Therefore, more research is needed on this issue. Because they form the basis of a family society. In the last three decades, the family has faced changes, so it needs serious attention.

BASIC THEORY OF RESEARCH

Several theories have been proposed about life style. And the main factor that gives direction to any research is the theories used in it, which are directly or indirectly related to the subject of the research. Of course, in qualitative research, reviewing the theories does not mean using them as a framework for the study, but it helps the research to become sensitive to the most important aspects of the problem under study. In this research, we express the viewpoints and theories that seem to be more in line with the subject under study, and the theoretical viewpoints in this research are not used for hypothesis abstraction, but in data analysis as reference sources for the research back support.

Psychological Concept

According to Adler, how a person tries to cope with humiliating feelings becomes a part of his "life style", that is, it becomes an aspect of his personality functions. A creative life style is the result of coping with the environment and its limitations; therefore, people are different in this respect. Because in addition to the feeling of inferiority and superiority which is common among all human beings, the three physical, mental and social factors which are hidden in the physical structure, physical actions and the actions of its members, psychological traits and talents and social relations are different among people. Each person's specialness determines the feeling of inferiority and superiority. Napoleon's victorious way of life may be due to his relatively small body. Agha Mohammad Khan Qajar's desire for sovereignty and brutal actions are the root of Hitler's greed to dominate the world, perhaps it originated from his gender defect (Barzegar, 2008, 234).

According to Adler, the way of life of each person is established at the age of five or six. He gives three examples for physical, psychological and social factors, all of which are influenced by the family environment. Life style is a concept that Adler invented, but his classical followers and others have elaborated on it, very briefly we mention three of them:

Kurt Adler: "Life style is the way a person pursues his goals, that is, it is a way to achieve goals; is the person brave and stable is commuting in this path? Does he walk towards the target, suddenly stop and turn around and abandon the target? Does he search a justification because

he did not pursue his goal? Life style is like music style. A composer has a certain style that may be related to when he was ten years old and now, he has grown up using the same style. Although his songs are modified in some ways; but their style is recognizable. Life style is also the principle of speech that can be modified, but it cannot be distinguishable" (Kaviani, 2012, 67-68).

Sophia Doris [1]: "The creative power of a person is mostly manifested in the way of choosing, and can be shown in his creating a life style. A person's life style is his specific answer to these questions: What situation does he consider tolerable or unbearable? Where can he control this situation and where can't he? Influences before the age of four determine his life style, because this style gives him a sense of satisfaction. A child who hasn't seen anything in the house, yelling, screaming, or not hearing anything, thinks that such a situation will be different, he has not prepared an appropriate behavioral response. In other words, his life style has become like this, not otherwise" (Homan, 68).

Henry Stein [2]: He believes that people face problems, opportunities and problems from birth to death: the answers that a person provides many times in the situations that occur in life, make his life style. This human life style creates a very strong and lasting impact on humans, which determines the way humans look and respond to everything, from childhood to old age. The age of five, is a proof of child's creative power. The power that will bring him security, importance and success after extensive efforts and efforts based on trial and error (Kaviani, 2012, 69).

SOCIOLOGICAL PERSPECTIVE

Giddens [3]: Considers man as an effective factor in the formation of his identity and believes that man imitates the life style more under the pressure of the social structure. In his opinion, in today's modern world, all of us not only follow life styles, but in other words, we are forced to follow them. In fact, we have no choice but to choose. [4] Distinguishing oneself from others - through fashion - considers consumption as a stimulus. He has a dual function to be distinguished from others and to express individual identity and the desire for individuality, but the face of others, which has a class aspect, is the cause of group solidarity and the strengthening of class social cohesion (Mills [5], 1996, quoted by Fazli, 1382).

Bourdieu [6] He has presented a coherent theory about the formation of life styles. According to the model that he presented, the objective conditions of life and individual position in the social structure led to the production of a special character, and the character of two military categories for perceptions and cognitions. The final result of the interaction of these two systems is the embodied life style of people's preferences, which are made into action and can be seen. A non-random pattern that has a class nature. By showing that life styles are the product of behaviors and behaviors themselves are a function of a variety of experiences, including the experience of formal education, and stating that consumption patterns are the main manifestation of life styles, the relationship between formal education in the capitalist structure and analyzed its production again. The main legacy of Bourdieu's thought for the sociology of consumption and the analysis of life styles is the analysis of the combination of types of capital to explain consumption patterns, the examination of the hypothesis of finding class distinctions and cultural consumption.

INTELLECTUAL FRAMEWORK OF RESEARCH

The intellectual framework can be imagined as a set of beliefs and presuppositions of the seer that guides people's actions in personal and scientific life. These beliefs or presuppositions are established in the main pillars of every intellectual framework (ontology, epistemology and methodology). Accordingly, each research, according to its research questions, must be carried out in the context of one or more specific intellectual frameworks in order to establish compatibility between its three pillars; and this is a fundamental principle.

"Ontology" discusses the nature of truth. What is the truth?

"Epistemology" is a branch of philosophy and deals with the question of how to know the world?

"Methodology" is also a set of processes and rules that guide the research questions in the form of a true logical order and answer these questions.

Contemplating and thinking about the subject of our study, which is about the family life style, leads us to theories that are related and still have the power to explain the research goals, and take into account the important aspects of the problem. In this study, what you draw our attention to first. Structure patterns state that cultural systems frame social realities. That is, these cultures play an important role in the creation and formation of social realities such as life style.

Motahari: In his writings, he gave great importance to the issue of marriage, in his opinion, the religion of Islam paid the most attention to the gender issues of family life and considered it sacred. In the emotional dimension, the family environment is the place of the deepest relationships and the source of emotional relationships in society. The interesting thing to note in Mr. Motahari's views is the convergence of his view on the family with the system vision in which people are at the service of the system and the relationships of the parts should be such that the whole family as a unit achieves the desired goals. (Motahari, 1371)

Attitude towards existence is one of the basic and very effective attitudes in people's life style. Each person - self-aware - sees the universe in a different way and draws the goals, highways and long-term paths of his life based on it. Islamic ontology is also not separated from this rule. Regardless of the ontology of individuals, citizens, groups and societies with Islamic teachings, it is not separate from this rule. The more the ontology of individuals, citizens, groups and societies conforms to Islamic teachings and the regulations and laws that govern them, their life style is closer to being Islamic (Kaviani, 1392, 151-152).

Definition Of Variables

LIFE STYLE

THEORETICAL DEFINITION

In English texts, the term "life style" is used, which has been translated by some as "way of life" and by others as "style of life" (Mirsardo, 2018, p. 875). The term life style is composed of two words "style" and "life". 1- Unity and comprehensiveness and 2- Differentiation and difference. This means that life style indicates a set of factors and elements that are more or less systematically related to each other and create a general cultural and social structure.

OPERATIONAL DEFINITION

The concept of life style is one of the concepts that researchers in the field of sociology and cultural studies put forward and use to express some of the cultural realities of society, and the possibility of its application in the literature of social sciences. Cultural studies have

increased to the extent that some believe the concept. It has the ability to replace many existing words, including the concept of class, and it can more accurately express the complex reality of behaviors and even cultural and social attitudes in our society today, which even some thinkers have proposed to use instead of inclusive concepts such as ethnicity and nationality. Life style in the field of cultural studies refers to the set of behaviors, models, patterns of actions of each person, which is aimed at the normative, behavioral and meaning dimensions of his social life and shows the low and high levels of the system of beliefs, actions and reactions of the individual and society. In other words, the life style of your heart depends on the nature and content of relationships, interactions and actions of people in every society.

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FAMILY

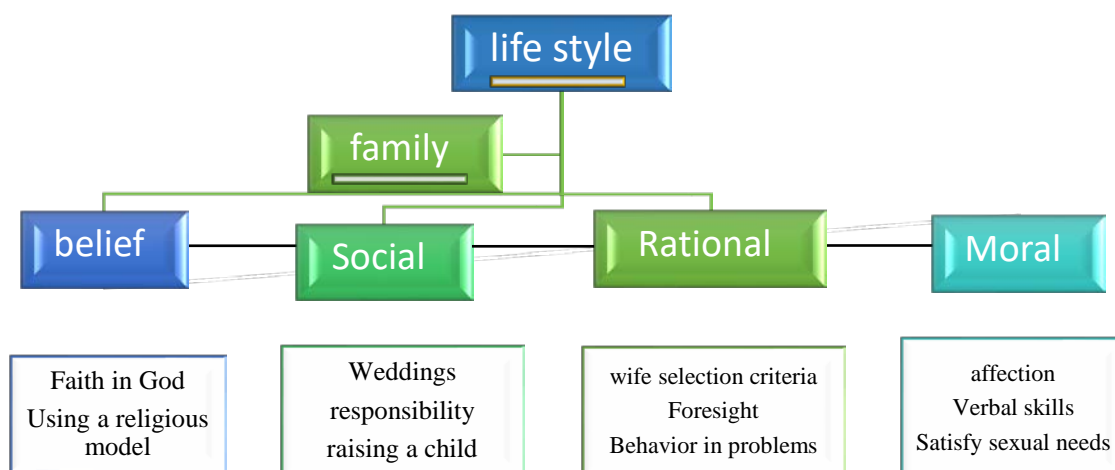
THEORETICAL DEFINITION

In the dictionary, family is used in the meaning of family, lineage, family members, children, and relatives (Dehkhoda, 1377, Vol. 6, p. 9438). Family is an institution based on marriage of man and woman, and it expands by bringing child, (Rai Shahri, family stability from the point of view of the Qur'an and tradition 1387, p. 11).

OPERATIONAL DEFINITION

Family is one of the basic systems of human societies and it is the most suitable system for providing the material and psychological needs of human beings and it has provided a suitable bed for providing the security and psychological peace of the members, fulfilling their emotional needs, raising the new generation and socializing the children. Family is the primary core of all organizations and social institutions. All the roles related to the creation of civilization, the transfer of heritages and the growth and development of humanity are related to the family. All traditions, beliefs and customs, personal and social characteristics are transferred to the new generation through the family. The society consists of families and the coordinates of the society can be described through family relations. The beneficial or harmful effect of the family also reaches the society. Its structure and policy is effective in the stability or anxiety of the society and the motivation of its members affects the social motivations. It also state that the type of behavior and life style of the family plays an effective role in the morality of the society and its health or illness (Salmani Guvvari, 1393, p. 22).

Analytical framework



RESEARCH METHODOLOGY

NATURE OF RESEARCH

Since this research seeks to investigate the sociological study of the family's life style with emphasis on the Qur'an, we used a qualitative approach as a research method. Because the qualitative method provides deep and extensive information to researchers. In qualitative research, the issues are not reduced to individual variables, but they are represented in their entirety and in the context of everyday life. Qualitative research tries to study objective cases according to the specificity of their temporal and local characteristics, and this is done by studying people's statements and actions. It begins in the text of the position in which it is placed (Felik, 1391: 11).

Finally, because the life style issue is related through the qualitative method, the researcher can better communicate with the family, and get more accurate information. Therefore, in order to get the answer how to study the life style with emphasis on the instructions of the Quran, we need to establish a close relationship with it, and this could not be done except through a face-to-face conversation.

TARGET POPULATION, SAMPLE POPULATION AND SAMPLING METHOD

The target community in this research is the family of the city of Firoz Koh. The family participating in this research was randomly selected. The number of samples is limited and 18 families of Firoz Koh city have been interviewed individually. The participant is between the ages of 18 and 50 years and the history of living together is between 1 year and 25 years. We carried out the process of sampling and conducting interviews until we reached theoretical saturation and repetition of data.

INFORMATION COLLECTING TOOL TECHNIQUE

The interview data collection technique is not structured. The tool of data collection was audio recording and recording of narratives, which the researcher first recorded the interviews and then converted them into text with details, which analyzed all the raw data after open, central and selective coding (Felik, 1391).

DATA ANALYSIS METHOD

In Grand Theory logic, data analysis based on theoretical coding according to the types of open coding, the implementation steps in this coding can be designed as follows:

First, we separate the data and categorize the expressions based on their meaning units.

Secondly, we combine and remove semantic units as much as possible and turn them into subcategories with specific codes.

Third, we name and categorize the sub-categories obtained according to their characteristics.

CENTRAL CODING

At this stage, we put the sub-categories in their respective formats according to their characteristics and dimensions, based on logical evidences and arguments and in harmony with the relevant text of the research, they are "background conditions, causes, consequences, strategies."

SELECTIVE CODING

At this stage, coding moves more towards abstraction, we identify categories, sub-categories, semi-nuclear, nuclear, non-nuclear in all four circles. Theoretical coding is a method to analyze the data that was collected in order to formulate a theory using the method of data-oriented theorizing (Flick, 2011: 329). obtained from the field.

DESCRIPTION AND ANALYSIS OF FINDINGS

The first step in the data content analysis process is coding. Here coding means a process during which data are analyzed, conceptualized and put together in a new way (Flick, 2011: 329).

After conducting the interviews, and reviewing the primary concepts resulting from these data, we organized these concepts into 10 main categories, each dimension representing "the purpose of forming a family, criteria for choosing a spouse, holding a wedding ceremony, illiteracy, emotional deprivation, lack of paying attention to the satisfaction of sexual needs, media population in homes, moral weakness and weakness of religious beliefs is lack of correct role modeling.

CHARACTERISTICS OF THE INTERVIEWEES

Name	Family Name	Age of Marriage	Age	No of Children	Job	Education
Ali	Ebrahim Zada	25	44	4	Dentist	Bachelor
Gul Ahmad	Paikka	21	45	4	Shopkeeper	Illiterate
Ehsan	Arab Zada	25	27	1	Grocer	Bachelor
Yassin	Shaiq	26	28	1	Teller	Master
Uthman	Nazari	22	28	2	Poultry Seller	Primary
Gulam Yahya	Alemi	19	40	4	Tailor	Primary
Mustafa	Ahmadi	26	38	3	Carpet Seller	Elementary
Zahra	Khavari	15	40	5	Tailor	Elementary
Naqibullah	Mohammadi	27	37	2	Serviceman	Illiterate
Razia	Mousavi	17	20	0	Housewife	Seminary student
Sharifa	Mirzaei	22	24	1	Student	Bachelor
Zahra	Qurbani	17	20	1	Student	Bachelor
Asia	Rahmani	20	22	0	Housewife	Student
Rabea	Ahmadi	25	30	3	Housewife	Graduated 12
Tuba	Qassemi	19	26	2	Works at INGOs	Bachelor
Laila	Fazli	18	24	1	Jobless	Bachelor
Karima	Sadaqat	20	32	5	Housewife	Illiterate
Rajab	Mohammadi	24	29	2	Works at INGOs	Bachelor

EXAMPLE OF AN INTERVIEW

What was your goal of starting a family? Religion and child education. By what criteria did you choose your husband? I did not choose my wife; it was my family's choice. How did you organize your wedding ceremony? We held the ceremony of eating sweets (engaging) and the wedding at home, it was more traditional. How is the responsibility between you and your husband? The responsibility is not good, since the day I got married, he has never bought me a dress, I always bring them from my father's house. Even when I get sick, he does not take me to the doctor. An unemployed person who does not work hard, as long as he finds bread for night and the day. But I work hard to sew clothes for my husband and my children. How do you express your love or interest to each other? At the beginning of my life, I loved him, but he did a lot of bad behaviors to me, and now the same bad behaviors are still going on. For now, I completely hate him. Instead of loving, he treats me like a commodity or goods. There is no Respect between us. How do you think language control strengthens the family? Language control is important for every human being, especially in married life.

Because if my husband had controlled his language, maybe our situations would not have come to this. The only thing that makes me very sad is that my husband, when he fights with me, he disrespects my parents, he tells me what everything comes to his mouth. The wound of the sword heals, but the wound of the tongue never heals. Do you think that satisfying sexual needs is one of the most important issues between marital? Why? In my opinion, yes, one of the reasons for marriage is these needs. When I don't take care of my husband's request, he fights and make excuses for the smallest issue. What behavior do you show when family problems occur? I believe that life is not without problems and difficulties. One has to wait, there is no other choice, I endure all these problems only for the sake of my children, so that my children's lives will not be ruined like mine. My dearest sister, I suffered as much as my comprehension that I even thought of committing suicide at one point, but I didn't do it for the sake of the children.

I am very stressed, sometimes I forget what I wanted to do. When he calls me, my heart trembles and my tongue is slurred. How do you see the effect of faith in God in your life style? You know that my only encouragement and happiness in this world is God. I believe in God. When problems come to me, I say maybe it is God's will. But on the other hand, we see godless people in our lives. My husband does not pray and does not take his daily life. God does not exist in his life. I think these misfortunes in our lives are due to godless people. How do you use the life style of religious leaders as a model in your life? Well, they are the best example for all Muslims. The problem is that I don't know what they said about the life of a woman who is always at home. I remember some obligations that my father and mother told us. Do you use Quranic instructions in raising your child? What does an illiterate person know what the Holy Quran has said. But I do what I think is right. I never gave my children impure milk and did not give them haram bread. I taught my eldest son Quranic lessons. How do you see the effect of telephone and television in your life style? I have a simple phone and we don't have a TV, but my husband has a touch phone(smartphone). The only time he spends is playing games. What do you think about living with your husband's family? I don't agree to live together with my husband's family, but unfortunately, I live with them because of the interference of my husband's family.

ATTITUDE OF FAMILIES TOWARDS LIFE STYLE

Open and Central Coding

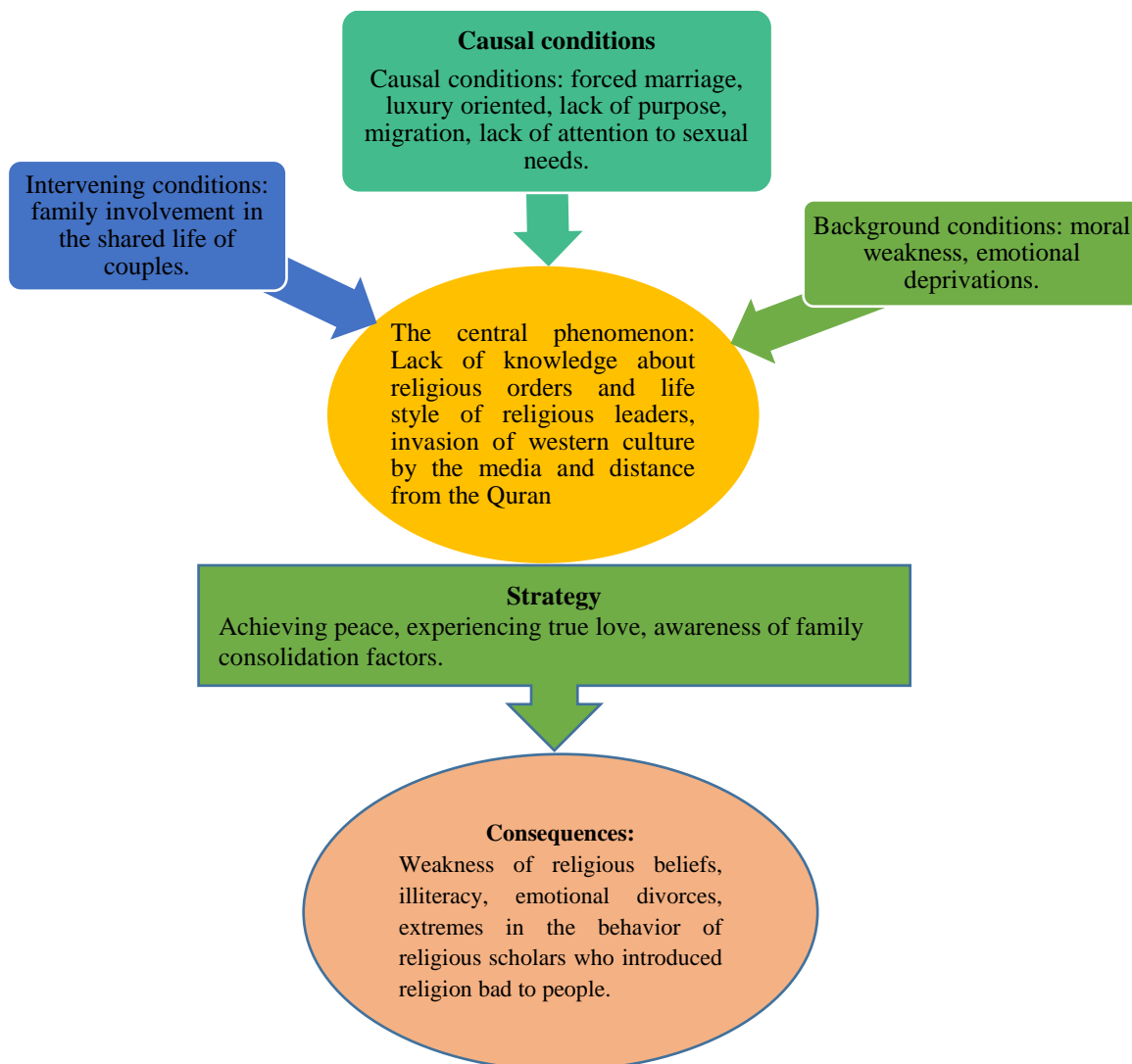
Concept type	Concept or open source	Semantic Units
Strategy	Reach the goal	Most of the interviewees in this research, their purpose in forming their life is to follow religious orders, reach peace, get rid of loneliness, have children, prevent moral deviations, experience true love, continue education and reach perfection.
Strategy	Reach the goal	Most of the respondents in this research stated the criteria for choosing their spouse as follows: religiosity, good family, beauty, wealth, social status, literacy, good morals, honesty, owning a home, having an independent personality, idealistic and fate and chosen by the family.
Intervening conditions	Family involvement	
Understanding the phenomenon	Marriage according to the order of Islam	The participants in this research have organized their engagement and weddings in two ways: Simple and Luxurious: 1. Simple Wedding: Most of the respondents had the following opinion: "We held our wedding at home because of the order of religion not to be extravagant. Instead of spending extra money, help the poor and needy. 2. Luxurious Wedding: Most of the interviewees held their wedding in the hall and were of the opinion that everyone has a wedding once, so there is no problem with whatever is used. The average spending limit is between (8-14-20) Afghani lags, apart from buying a house and gold.
Causal Conditions	Unfavorable marriages are the factors of luxury and high indebtedness .	
Understanding the phenomenon	Carrying out responsibility	Most of the participants said about responsibility in the family: Housework and taking care of children are women's duties that should always be done, and doing housework by a man is considered a fault, men rarely participate in doing housework, and women have to take care of it alone, and they consider outside work to be the duty of men, while men should provide for the household expenses.
Causal conditions	Uncertain future, emigration, dropping out of school and	Most of the interviewees were worried about their future and fate. We have such an opinion. I am worried about the current situation in Afghanistan and we have an uncertain future. Most of them have decided to immigrate to a non-Muslim country to study for their children. And they say

	family problems	we are tired of this situation, there is no work field and we cannot meet their needs, it has caused problems in families.
Background conditions	Lack of attention, showing love to each other	Most of the interviewees in this research had the following opinion about expressing love to their family: Our love is mostly from the heart, we don't express it in our language because we grew up in a family environment where the expression of love was not obvious, we are ashamed to tell our wife that "I love you." Some of them said: "We don't know about showing affection in our house, we just want him not to fight, that's enough." He considers giving gifts and going sightseeing as western custom.
Background conditions	Lack of language control and wrong modeling	Most respondents have the following opinion about language control at home: Language is the best tool and the worst tool for humans. Most of our family problems originate from this area. The smallest issue that occurs at home, I do not control myself, I insult and humiliate which has caused discouragement. He said that parents are the example models for their children. When we disrespect each other, my children learn the same behavior.
Casual Conditions	Failure to pay attention to sexual needs causes emotional divorce, family violence and moral corruption.	Most of the interviewees in this research had the following opinion about the satisfaction of sexual needs: The satisfaction of sexual needs is one of the important natural and legitimate needs between marriages. It must be satisfied in its proper form. It creates intimacy, continuity of the family. But unfortunately, most of the problems in life together come from this part. If the spouse does not approve of the relationship and does not prepare herself for her husband, it causes discouragement and family violence and emotional divorce to the spouses. This is where most of the moral corruption comes from. According to their saying, "If a person does not go home, they will eat a sandwich outside."
Understanding the phenomenon	Dissatisfaction with life	Most of the respondents in this research had two views about their behavior when family problems occur: Those who are optimistic about life: consider problems as a divine test and the way to reach human perfection, and
Consequences	Being satisfied with life	

		<p>you try to find a solution for the problem and you choose mutual understanding, patience and silence.</p> <p>Those who are not optimistic about life: consider life's problems as a calamity which are written to their destiny, consider them as the cause of their growth, not vice versa as the cause of their failure. According to their own words, "God has created me Miserably", you do not make any effort to eliminate their problems.</p>
Understanding the phenomenon	Faith in God	<p>Most of the interviewees in this research believed in two views about the effect of faith in God:</p> <p>The first group is of the opinion that everything is God's blessing and our duty is to serve and command the good and forbid the denial. Belief in God has made our mind and body healthy. According to them, "as long as God is with people, they will never face failure" and through self-knowledge, piety, faith increases in God.</p> <p>The second group is the opinion that faith in God has faded today. They say that the social, economic and security conditions have deteriorated. If God really loves his servants and creatures, then why he doesn't help them? Whatever we shout he does not hear us.</p>
Consequences	Lack of trust in God and weakness of religious belief	<p>The interviewees have two opinions about taking role models from religious leaders:</p> <p>The point of view from those who accepted role models: They introduced religious leaders, especially the Prophet (PBUH) and Ahl al-Bayt (PBUH), as the best role models and role models in their lives, in terms of piety, family life, good behavior with people, responsibility, patience in difficulties, sacrifice, honesty, trustworthiness and faithfulness to promises and ... has set the example. According to them, "they also have a successful life"</p>
Consequences	Taking a role model from the religious leaders	<p>The opinion of others you don't accept as a model: In this opinion, the religious leaders lived 1400 years ago, their life style was different and old from ours, and it is not the responsible of our societies today. People use more of today's models in the media. Another issue of today's religious scholars is that they either exaggerate the religious orders or make excessive use of religion, and the problem we have is the lack of knowledge about the life style of religious leaders.</p>
Understanding the phenomenon	Lack of knowledge about the life style of religious leaders	<p>The opinion of others you don't accept as a model: In this opinion, the religious leaders lived 1400 years ago, their life style was different and old from ours, and it is not the responsible of our societies today. People use more of today's models in the media. Another issue of today's religious scholars is that they either exaggerate the religious orders or make excessive use of religion, and the problem we have is the lack of knowledge about the life style of religious leaders.</p>

Understanding the phenomenon	Literacy to have the right use of technology	Most of the interviewees in this research expressed their opinions about the media in two ways: The positive effect of media: Having the opinion that media is the eyes and ears of a society and plays an important role in the field of science, technology development, time management, social, economic and political services.
Consequences	Lack of media, literacy and improper use of media and technology	The negative impact of the media: Afghanistan's television programs are based on western programs, which are broadcasted against the culture of Islam. People are taught the wrong life style: luxuriousness in weddings, building houses, clothing fashion, and more importantly, they loosened religious beliefs, broadcast immoral movies, and instilled early sexual maturity in young people, comparing our life with the life of others, raising expectations instead of living together. Another issue is that people have built their second home on the virtual page(media) and distanced from real life, his heart is closed to unreal life. According to themselves, "We are all busy with our phones at home, someone is saddened by someone else's grief, and their families have lost their intimacy".
Strategy	Family consolidation factors	Most of the interviewees had the following opinion about the continuation of their life together: Mutual respect, understanding each other, shared goals, patience in problems, honesty, contentment, faith in God, trusting each other, being responsible, spouses' respect for each other, providing each other's sexual needs, knowledge, awareness of each other's rights and respect for each other's values.
Consequences	Lack of knowledge of Quranic commands	Most of the interviewees had the following opinion regarding the use of Quranic commands in the education of their children: We do not have the necessary knowledge of the Quranic commands in the education of children, what it says, what points should be followed. Some cases such as good name, Holy Quran teaching courses, circumcise.
Strategy	Interested in living alone	Most of the answers of the interviewees did not agree about living with their father's or spouse's family and they said they lived alone.

RESEARCH PARADIGM MODEL



THE PURPOSE OF FORMING A FAMILY

Most of the interviewees in this research believe the opinion that marriage is the primary core of creating a family and the cornerstone of human society. This blessed connection is the basis for the best opportunity to achieve mental peace, to implement religious orders, to prevent moral deviations, to continue studying, to be freed from loneliness and to reach the goal that humans set in life. But the society of Afghanistan is a traditional, fate-oriented and uneducated society, it has no specific purpose to form a family, it is to take advantage of sexual pleasures, the survival of the generation.

CRITERIA FOR CHOOSING A SPOUSE

The answers of the interviewees in this research regarding the choice of a spouse commented that many ethnic customs, trends and subcultures, which are called "An-ana" or custom, become the factor and cause of violence and disharmony in the family. The common denominator of these trends are unwanted marriages, some of which do not take into account not only the satisfaction and heart desires of the boy and girl; rather, they establish union between men and women by pressure and force. This is not only the ultimate cruelty, tyranny and trampling of human rights and Islamic values of women and men; rather, they are the cause of many disturbances, which are continuous fights in the house, emotional divorce, running

away from home, the consequences of forced marriages and wrong principles. The fate of a girl, especially in a traditional society, is in the hands of the family in choosing a spouse. The child (girl) learns from the very early childhood that she should be subject to the family and not independent in her choices in life. The other issue is that an educated woman, her criteria is that we accepted boys from abroad, it didn't matter to me how old he is, what kind of personality he had enough to have money, but when they got married, they are not satisfied with this choice. Money does not bring happiness to a person, we understood that the most important thing in a common life is religiosity, honesty, trust, responsibility, intellectual independence, love and kindness. According to participants, "When we got married, my husband was for only one month with me. He has been living in Australia for seven years now. I live alone, a widow, and I did not see any love from him. It is true that he gives me money, but he is not here." Life has no meaning for me, I just spend my night and day".

CONDUCTING EXPENSIVE WEDDING CEREMONIES

Most of the interviewees in this research believe the opinion that they conducting their engagement and wedding in wedding hall, the average cost of each wedding is between 14-20 lakh Afghani, without buying a house and consuming money for gold. This shows that these exorbitant expenses, originating from the western society, have caused luxury in the Afghan society, where ninety percent of the people live in the poverty line. Conducting these weddings are the root of many problems in family and social life. It causes unsound competition among the family; the value of a woman is measured at her maximum wedding expense. According to their own words, "My wife said, "Because you bought me an iPhone 12 not an iPhone 13, I won't marry you. Why didn't you buy an iPhone 13? I will visit my friends and I will become ashamed of them" and another interview from a woman about their gold consumption. According to them, "My husband has bought me 41 lakhs of gold: a gold crown, a belt, a beautiful necklace and feet, etc.) These are the concerns of the young generation of society for their bride.

INAPPROPRIATE INTERFERENCE OF RELATIVES AND FRIENDS

The answer of most of the interviewees was that the interference of others, especially the mother of the wife and the mother of the husband, is one of the serious problems of young and inexperienced couples. These interventions often conflict and oppose each other in two directions. Female family members are trying to make their daughter live in comfort and according to their advice, putting their do's and don'ts at the top of their work. On the other hand, mother and sister-in-law and others are trying to make the new bride follow their orders. In Afghanistan, from a cultural and social point of view, new families are subordinate and under the support of the in-law parents and they often live in the paternal house and live together, so unnecessary interference is seen more often. It seems, this becomes one of the most serious factors of incompatibility, incorrect family life style. This intervention of outsiders causes differences between couples.

EMOTIONAL DEPRIVATION

Most of the interviewees were of the opinion that they are unloved and neglected by their families, moreover, they have problems in the physical and emotional development of their children, and they turn to reactions of isolation and violence. Behaviorally, people who

have been neglected may find a state of indifference, where there is no difference in their behavior with acquaintances and strangers. Sometimes, these people turn to extreme violent reactions when their tolerance capacity is full. They were told to be interviewed, "I am a doctor, my duty is in the city of Firoz Koh, but my husband's duty is in Farah. when I am busy with work, if I don't answer his phone, he doubts with who you are, this is very painful for me. When he fights with me at house, he gets violent. He has broken my phone twice and he also broken the dish and cut my clothes with scissors. He never said to me that I love you, life has really become hell for me. Unfortunately, lack of affection and lack of attention to the physical, mental and social needs of marriage causes differences in cohabitation life.

FAILURE OF PAYING ATTENTION TO THE SATISFACTION OF SEXUAL NEEDS

Most of the interviewees in this research commented that sexual content in our traditional society is still a taboo, sinful and derogatory. For this reason, the issue of gender differences between men and women has not been discussed in scientific research. This is despite the fact that in the family most of the quarrels and verbal and physical attacks of the husband and wife during the day are rooted in the bed, which is always kept hidden from others. Providing emotional and sexual needs is considered the most basic duty of men and women towards each other, and if the needs of both sides are not met, it will cause problems in the family. According to them, "If I tell you the truth, I got two wives, because my first wife couldn't satisfy me, I was facing trouble, that's why I got a second wife." Failure to pay attention to sexual needs weakens family consolidation and stabilization.

MEDIA INFLUENCE INSIDE HOMES

Most of the interviewees commented on the impact of the media on their family life. Satellite media and mass communication in homes, if not used properly, can create many problems. The influence of the media on people's ethics, culture and life style is more than we imagine. The conducted research shows that the media affects the thoughts, manners and life of the family by broadcasting violent war movies and promoting consumerism and luxurious life, as well as corruption, moral laxity and teaching betrayal in the common life, which has a negative impact on the life style of the Afghan society. For instance, TV and virtual space, day and night, reflect the news of war, explosion, suicide and killing of people. This painful situation has become a normal thing in the life of Afghan people for several decades. These factors cause them to forget love in their shared lives and give their place to others. Also, in virtual space, it has a great impact on the psyche of the young generation. They have lost their intimacy, everyone at home is busy with their phones, no one cares about anyone else. The Afghan society has been put into a crisis because they are making their young minds less and less engaged in absurd and meaningless games, it has taken away their thinking and creativity as well.

ILLITERACY AND LACK OF COMMUNICATION SKILLS

The responses of most of the interviewees in this research have shown that the highest number of differences in family life are related to those who were either deprived of the blessing of literacy or had very little literacy. No awareness of each other's rights and skills for living together have been learned. On the other hand, those who have a high level of literacy, unfortunately, are not very successful in their living. Because the Afghan society is a traditional

society, the culture of study and learning is at a low level. The young people who get married, both boys and girls, do not read even one book about the family, they do not know what guidance Islam and the Qur'an have provided for a successful life. So, what can you expect from this family? Those who have not read even one page about the purpose of family formation.

MORAL WEAKNESS AND IMPETUOUSNESS

The responses of most of the interviewees in this research show that the weakness of life skills such as bad language, lack of tolerance, stubbornness and provocative behavior provide the basis for many problems. Couples who argue to solve the problems of their common life, most likely their work leads to physical conflict. Oftentimes, one side with weaker verbal skills compensates for its lack with physical aggression. According to the interviews, "When my husband beats me up, I stand up with my tongue against my husband's physical strength." These bad languages of women make the situation worse. Thus, this research shows that good nature and gentleness are neglected in the construction of marriage. The family institution, which forms the heart of a society, if serious attention is not given to this part, the society will also be transformed.

WEAKNESS OF RELIGIOUS BELIEFS AND LACK OF CORRECT MODELING

The answers of most of the interviewees in this research show that religious beliefs have become more and more faded day by day. The cause of this issue is the bad security situation, social and economic situation. According to the interviewer, "I have recently lost faith in God's kindness. If God is really kind, then why he doesn't help us in this situation we are in?" Poverty, misfortune and migration on one side, war, insecurity on the other, I think, God has forgotten us. On the other hand, imitation of religious leaders has also faded in the current society of Afghanistan. According to the interviews, "the life style of religious leaders is completely different from our current life style. We cannot live such a life style as in 1400 years ago. Their life style is not accountable to our current life." We use more of today's model that is in the media. Nowadays, religious scholars either go to extremes in their lives, and this factor causes people to lose heart from the divine life. The world of media and other semi mullahs introduced the religion badly to the people or misused from the religion, that why people hate from the religion. The same factors, hand in hand, have also had a negative impact on the common life style.

CONCLUSION

The general purpose of this research, which was carried out by using the qualitative approach and theoretical coding methods (open coding, axial coding, selection) to analyze and interpret the data obtained from this research, is to study the family life style with emphasis on the commands of the Holy Quran. Based on the purpose of forming a family, the criteria for choosing a spouse, conducting expensive wedding ceremonies, the inappropriate interference of people around and pleasers, emotional deprivation, not paying attention to the satisfaction of sexual needs, the population of the media at home, illiteracy and lack of communication skills, moral weakness and impetuousness, weakness of religious beliefs and lack of role modeling are correct. Considering many problems in the research process, such as the lack of information and significant empirical research related to the research topic inside the country,

and also the extent and complexity of the life style issue, the ultimate effort of this research is to use the available data in this field is also collected. In order to provide an appropriate answer to the research question (studying the family life style, emphasizing the commands of the Qur'an), have been presented in this study.

According to the answers of the interviewees, it can be concluded that most of those who formed a family did not have any goal in their shared life, their ultimate goal was to fulfill their sexual needs and survival of the generation and to take care of their old age and their marriage was unwanted. They are not only satisfying the desires of the heart of a boy or girl, but there also establish a relationship between them by force. On the other hand, the criteria for choosing their spouse are money and going out. It doesn't matter to them what age or personality they have, what matters is that they go out and have a wedding ceremony. Almost all of them are held in halls, which causes excessive expenses and luxury. One of their factors can be the media, it has had negative effects in various dimensions. Education of cheating in common life, promotion of consumerism, on customs, traditions and ethics of family life. Unfortunately, culture for study and educating is at a low level in the Afghan society, and our use of media literacy is weak. What caused the weakening of Islamic religious belief, practice and morality and the lack of proper role modeling from the media. What has made the Islamic society face a serious damage to the people of Western culture at the level of the society, is because the Afghan society has distanced itself from the Quranic life style. This has become an issue. It is hoped that experts with the opinion of correctly defining the life style and using the scientific methods taking from the Holy Qur'an will succeed in compiling and organizing it and will produce original and modern knowledge.

SUGGESTIONS

STRATEGIC SUGGESTIONS

Conducting quantitative and qualitative research on the importance and position of the family from the perspective of the Islamic school.

Conducting research on the impact of the media on the Islamic way of life.

Conducting research on the legal and moral relationship of couples from the perspective of the Holy Quran.

Conducting family life style research in Quran and tradition of religious leaders.

Conducting family life style research from the perspective of Quran and modernity.

PRACTICAL SUGGESTIONS

Creation of the Ministry of Family

Establishing a counseling institution to solve family problems.

Creating a training institution for young people and families about the criteria for choosing a spouse through (media, movies, social networks).

Launching programs and printing magazines and articles about successful life styles from the perspective of Islam.

Launching awareness processes through scientific workshops and seminars (successful marriage) for the young generation.

RESEARCH CHALLENGES

Lack of internal research on life style.

Lack of resources in the country on the topic of research.

Time limit for research.

Non-cooperation of some families in taking research interviews.

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